Monday-Center Not Open

2024 APRIL

Recovery Zone Urbana

Tues-Friday 9:30am-2:30pn

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	!0am Mindfullness 12pm Lunch Grocery Shopping	10am Life Skills 12pm Lunch 1pm BINGO	6 10am Community Service Must call Friday	7 6:30pm AA 12&12 meeting
Clean up: 10am 12 noon AA meeting Eclipse Watch Party 2- 5pm	10am Spiritual Principles (with Brenda) 12pm Lunch 1pm Art-Projects	Food Distribution 1pm Music with Friends	11 10am Mindfulness (with Andy) 12pm Lunch 1pm Movie Day	12 10am Life Skills (with Amber) 12 pm Lunch 1pm BINGO	13 10am Community Service Must call Friday	14 6:30pm AA 12&12 meeting
Community Clean-up 10am AA Meeting: Attitude Adjustment at noon	16 10am Spiritual Principles (with Brenda) 12 pm Lunch 1pm Art-Projects	Food Distribution 1pm Music with Friends	10 am Mindfulness (with Andy) 12pm Lunch 1pm Bingo	19 10am Life Skills (with Amber) 12pm Lunch 1pm Walk at the Park and Ice Cream	10am Community Service Must call Friday	21 6:30pm AA 12&12 meeting
Community Clean-up 10am AA Meeting: Attitude Adjustment at noon	10:00 Spiritual Principles (with Brenda) 12pm Lunch 1pm Art-Projects	Food Distribution 1pm Music with Friends	25 10am Mindfulness (with Andy) 12pm Lunch 1pm BINGO Food Truck	10am Life Skills (with Amber) 12pm Picnic Lunch at Snyder Park	10am Community Service Must call Friday	28 6:30pm AA 12&12 meeting
Community Clean-up 10am AA Meeting: Attitude Adjustment at noon	10am Spiritual principles (with Brenda) 12pm Lunch 1pm Art-Projects	Food Distribution 1pm Music with Friends	2 10am Mindfulness (with Andy) 12pm Lunch 1pm Grocery Shopping	10am Life Skills (with Amber) 12 pm Lunch 1pm BINGO	4 10am Community Service Must call Friday	5 6:30pm AA 12&12 meeting
			Short walks in the afternoons when weather permits!			

n

