



## **Recovery Zone**

440 S. St. Paris St  
Bellefontaine, OH 43311

Peer Line: (937) 210-9003

Landline: (937)593-9391

[www.recoveryzone1cc.org](http://www.recoveryzone1cc.org)

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Center Walk-in hours Mon-Thurs, 10am-2:30pm.

One-on-One Peer Support also available outside of walk-in hours.

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### **FEBRUARY 2024 Building Schedule**

#### **Sundays**

5pm NA Steps & Traditions Meeting  
7pm AA "A New Life" Beginner's Meeting

#### **Mondays**

11am All Recovery Check-In Group  
11am 12-Step "Life Recovery" Meeting (Multipurpose Room)  
1pm Recovery Game/Fun Group

#### **Tuesdays**

11am WRAP (Wellness Recovery Action Planning)  
12pm AA Traditions Meeting (Multipurpose Room)  
1pm Recovery Game/Fun Group

#### **Wednesdays**

11am Trauma-Informed Recovery YOGA  
1pm Group w Emily, Community Health & Wellness

#### **Thursdays**

9am AA "Early Literature Study" Meeting  
11am SMART Recovery Meeting (Multipurpose Room)

#### **Fridays**

10am-2:30pm Activities may be offsite  
7:30pm Narcotics Anonymous "Guiding Principles" Meeting

#### **Saturdays**

Noon AA "Living Sober" Meeting  
6pm AA "Beginner's" Meeting  
7:30pm NA "Steps & Traditions" Meeting