

2023

JULY

Recovery Zone Urbana 937-508-4383

Monday-Center Not Open Community Ser

Tues-Friday 9am-2:30pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26 Community Clean-up 10am	27 10am SMART Recovery 12pm Lunch 1pm Art-Projects	28 Food Distribution 1pm Music with Friends	29 10 am Mindfulness 12pm Lunch 1pm Decision Making	30 Field Trip to Rittenhouse Resort	1	2
3 Open for Everyone 10am-3pm Day for the Holiday 2-3pm Food Pick up	4 July 4th Happy Independence Day	5 Food Distribution 1pm Music with Friends	6 10 am Mindfulness 12pm Lunch 1pm Shopping	7 10am Life Skills pm Lunch 1pm BINGO	8 Clean-up Champaign 10am-4pm	9
10 Community Clean-up 10am	11 10am SMART Recovery 12 pm Lunch 1 pm Art-Projects	12 Food Distribution 1pm Music with Friends	13 10 am Mindfulness 12pm Lunch Movie Day!	14 10am Life Skills 12 pm Lunch 1pm BINGO	15	16
17 Community Clean-up 10am	18 Narcan training 10am 10:30 am SMART Recovery 12 pm Lunch 1 pm Art-Projects	19 Food Distribution 1pm Music with Friends	20 10 am Mindfulness 12pm Lunch 1pm Shopping	21 10am Life Skills 12pm Lunch 1pm BINGO	22 Clean-up Champaign 10am-4pm	23
24 Community Clean-up 10am	25 10 am SMART Recovery 12 pm Lunch 1 pm Art-Projects	26 Food Distribution 1pm Music with Friends	27 10 am Mindfulness 12pm Lunch 1pm Movie Day	28 Myeerah Nature Preserve Picnic and Fishing	29	30
31	1 Tuesdays at 6:30pm Life Roots Recovery for Women	2 Wednesdays at 6pm Life Recovery All are welcome	3	4	5	6

vice 10 am-?

Exception July 3