



**Recovery Zone of Logan Co.**  
 “Shining a Light on the Path to Recovery”

[www.recoveryzonelcc.org](http://www.recoveryzonelcc.org)

440 S. St. Paris St  
 Bellefontaine, OH 43311  
 (937) 593-9391 / (937) 210-9003

## Logan Co - Sept 2023 Schedule

**September is Recovery Month!**

<b>Saturday</b>	<b>9/9/23</b>	<b>Save-A-Life Color 5K/1K Run/Walk</b>	<b>Ohio Caverns, West Liberty</b>
<b>Friday</b>	<b>9/15/23</b>	<b>Recovery Canoe Trip</b>	<b>TBD</b>
<b>Saturday</b>	<b>9/16/23</b>	<b>Euchre Night (After 6pm AA Meeting)</b>	
<b>Saturday</b>	<b>9/30/23</b>	<b>Champaign Recovery Zone hosts 1st Addiction Awareness &amp; Recovery Event</b>	

**SUNDAYS**

<b>5:30pm</b>	Narcotics Anonymous Phoenix Venture Meeting
<b>7pm</b>	Alcoholics Anonymous “A New Life” Beginner’s Meeting

**MONDAYS**

<b>11am</b>	All Recovery Check-In Group 12-Step “Life Recovery” Meeting (Multipurpose Room)
<b>1pm</b>	Game or Art

**TUESDAYS**

<b>11am</b>	Recovery Wellness Planning Group
<b>Noon</b>	Alcoholics Anonymous “12 Steps and 12 Traditions” Meeting (Multipurpose Room)
<b>1pm</b>	Mindfulness / Meditation

**WEDNESDAYS Recovery Groups**

<b>11am</b>	Outdoor Recovery YOGA (All Levels) with Homegrown Yoga
<b>1pm</b>	Recovery Group with Emily with Community Health & Wellness Partners Therapist

**THURSDAYS Recovery Groups**

<b>9am</b>	Alcoholics Anonymous “Early Literature Study” Meeting
<b>11am</b>	SMART Recovery Meeting (Multipurpose Room)
<b>1pm</b>	Game or Art

**FRIDAYS**

<b>7:30pm</b>	Narcotics Anonymous “Guiding Principles” Meeting
---------------	--

**SATURDAYS**

<b>Noon:</b>	Alcoholics Anonymous “Living Sober” Meeting
<b>6pm:</b>	Alcoholics Anonymous “Beginner’s” Meeting
<b>7:30pm:</b>	Narcotics Anonymous “Steps & Traditions” Meeting

**Leadership Team**

Kathy Zeller	Director, CPRS/CDCA	(937) 407-4547	kathy@recoveryzonelc.org
Rebecca Beasley	Asst Program Dir, CPRS/CDCA	(937) 844-3380	rebecca@recoveryzonelc.org
Douggie Boggs	Peer Recovery Supporter	(937) 565-7044	dougie@recoveryzonelc.org
JR Frost	Building Services/Driver	(937) 597-2607	
Angie Pride	Cook		

**WARM PEER LINE: (937) 210-9003**