



www.RecoveryZoneLC.org

440 S. St. Paris Street - Bellefontaine, OH 43311

Mon-Fri 10AM-2PM

Building Phone: 937-593-9391 - Peer Line: 937-210-9003



May 2026 Building Groups/Meetings

SUNDAYS

- 5pm - Narcotics Anonymous "Serenity on Sunday" Meeting
- 7pm - Alcoholics Anonymous "A New Life, Beginner's" Meeting

MONDAYS

- 11am - MH Wellness Recovery Action Planning
- 12pm - Mental Health Recovery Fellowship w/ Lunch
- *12:30pm - BINGO/ART
- *1pm - DBT Skills-Based Group
- *8:00pm - Narcotics Anonymous "Recovery Chasers" Meeting

TUESDAYS

- 11am - Life Recovery Meeting
- 12pm - Addiction Recovery Fellowship w/ Lunch
- 1pm - BINGO/ART

WEDNESDAYS

- 11:00am - Trauma-Informed Recovery Yoga (All Levels) w/ Homegrown
- 12pm - Mental Health Recovery Fellowship w/ Lunch
- 1:00pm - Emotions Anonymous-Inspired Meeting
- 6pm - Alcoholics Anonymous "A Woman's Way Through the Twelve Steps" Discussion Group

THURSDAYS

- 10am Community Health & Wellness Partners:
- 11am - SMART Recovery-Inspired Meeting (Multipurpose Room)
- 12pm - Addiction Recovery Fellowship w/ Lunch
- 1pm - MUSIC

FRIDAYS

- 10am-2pm Alternating Field Trips or "Give Back" Opportunities
- ~~*Cancelled 9pm - Narcotics Anonymous "Recovery Chasers" Meeting~~

SATURDAYS

- 12pm - Alcoholics Anonymous "Living Sober" Meeting