



www.RecoveryZoneLCC.org

Recovery Zone provides a Safe Supportive Recovery Environment, Peer Support and Education for Mental Wellness and Addictions Recovery to Build Purpose, Wellness and Sustainment of Recovery.

PEER LINE: (937) 210-9003

Logan Co.: 440 South St. Paris St
Bellefontaine OH
(937) 593-9391

Champaign Co.: 827 Scioto St.
Urbana, OH
(937) 508-4383

PRIMARY WALK-IN HOURS

Monday - Thursday

10am-2pm / Lunch at Noon

See our website for Friday Activities

- Transportation to our centers (Mon-Fri)
- Safe Place to Drop In for Mental Health & Substance-Use Support
- Educational, Relational, Emotion Management & Self-Help Recovery Groups
- One-on-One Peer Support
- Recovery/Treatment-Related Transportation Support
- Warm lunch 5 days/week
- Hub for Recovery Resources/Supportive Services — Connection to treatment services, basic needs

UPDATED SEPT 2025

PROGRAMMING

We offer a variety of groups that are ran by certified trainers, volunteers and members. These classes change often so included here are the general types of programming that we offer.

Education—Part of Recovery is having the right information. We are all experts in our own recovery experience, but we can benefit from a better understanding of the physical and emotional symptoms we experience on the journey. There are many helpful tools and techniques that can aid us through these challenges.

Support groups—Getting together to share our struggles and our victories can help us in our recovery as well as help others to see that we are not alone in our path. Struggling with mental health and substance use disorders can be isolating. Talking in a safe place, with others who share our struggles, increases our chances of being successful in our recovery journey.

Access—RZ serves as an excellent place to find, discover and connect to community resources that can help us be more successful in recovery. We have information about community resources and connections to the people in different agencies that help people.

Outings—RZ goes bowling, visits museums, visits other recovery centers, attends festivals, and many other outings each month. Many of these are free or at low cost. We think that getting out and enjoying life is essential to recovery.

Peer Support—Work with RZ staff to build your own recovery path. We can sit down with you and help create a new future by creating personal goals and using your own assets and strengths that are just waiting to be used. Even if there are parts of us that are broken, working together with others in recovery can help to make us whole!

EXPANDED One-on-One Peer Navigator Services are available to match you with the right peer and assist with eliminating more recovery barriers-just call or message us to get set up with our additional services outside of our drop-in center hours.

**If you are experiencing a Mental
Health or Substance Use Crisis:**

CALL or TEXT 9-8-8