



Recovery Zone of Logan Co.

“Shining a Light on the Path to Recovery”

440 S. St. Paris St, Bellefontaine, OH 43311
(937)593-9391 / (937) 210-9003

www.recoveryzonelcc.org

Facebook: [@recoveryzonelc](https://www.facebook.com/recoveryzonelc)

Mindful, Spiritual, Relational & Physical Recovery & Support Groups, One-on-One Recovery Mentoring, Connection & More!

WALK-IN Days/Hours: MONDAY thru THURSDAYS: 10am-2:30pm 1ST & 3RD SATURDAYS: 2PM-5PM

ANNOUNCEMENT: SMART RECOVERY GROUPS STARTING SOON!!!

March 2023

SUNDAYS

5:30pm **NA** Phoenix Venture Group (Open Discussion)
7pm **AA** New Life Beginners (Open Discussion)

MONDAYS (2nd Monday Monthly Give Back: 10am-Noon, DeGraff Park Food Truck Distribution)

10:30am Check-In Group
11am **Life Recovery Biblical** 12-Step Group with Dougie (Multi-Purpose Room)
1pm Recovery Group with Becca

TUESDAYS

11am Recovery Group with Dougie
Noon **AA** Meeting, Open 12 and 12 (Multi-Purpose Room)
1pm **Art Group and/or BINGO**

WEDNESDAYS

11am **Trauma-Informed YOGA** (for all levels) w/**Homegrown Yoga**
1pm “REAL TALK” with Emily, **Community Health & Wellness Partners Therapist**

THURSDAYS

9am **AA Meeting, Open Early Literature Study**
11am **SMART RECOVERY** Group with Kathy
1pm **Art Group and/or BINGO**

FRIDAYS (Day Hours = Off-Site Events or Give Back Activities)

3/3: **Bowling**, 3/10: **Celebration of Life for Heather Lowney-RZ Vol)** -Remaining Fridays: TBD based on Weather
7:30pm **NA** Guiding Principles (Open Reading)

SATURDAYS Walk-In Hours - 1ST & 3RD SATURDAYS: 2PM-5PM

Noon **AA** Living Sober (Open Reading)
6pm **AA** Open Beginner’s 12-Step (Open Reading) **** March 11, Euchre Tournament after meeting**
7:30pm **NA** Steps & Traditions

LEADERSHIP TEAM

Kathy Zeller	Director, CPRS/CDCA	(937) 407-4547	kathy@recoveryzonelc.org
Rebecca Beasley	Asst Program Dir, CPRS/CDCA	(937) 844-3380	rebecca@recoveryzonelc.org
Dougie Boggs	Peer Recovery Supporter	(937) 565-7044	dougie@recoveryzonelc.org
JR Frost	Building Maintenance/Driver	(937) 597-2607	
Brenda Phelps	(NOW AT CHAMPAIGN CO RZ)	(937) 896-7800	brenda@recoveryzonelc.org

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